

# OBJETIVOS

Cofinanciado por:



**PO ISE**  
PROGRAMA OPERACIONAL  
INCLUSÃO SOCIAL  
E EMPREGO



UNIÃO EUROPEIA  
Fundo Social Europeu



Governo da República  
Portuguesa



SEGURANÇA SOCIAL



INSTITUTO DA SEGURANÇA SOCIAL, I.P.



PENAMACOR  
MUNICÍPIO



Santa Casa da  
Misericórdia  
de Penamacor



# O que são?



Cofinanciado por:





QUAIS OS TEUS  
OBJETIVOS?



Cofinanciado por:





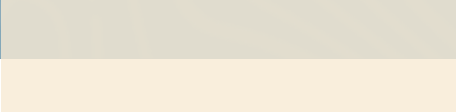
# EU

Estás satisfeito com os  
resultados que tens na  
tua vida?



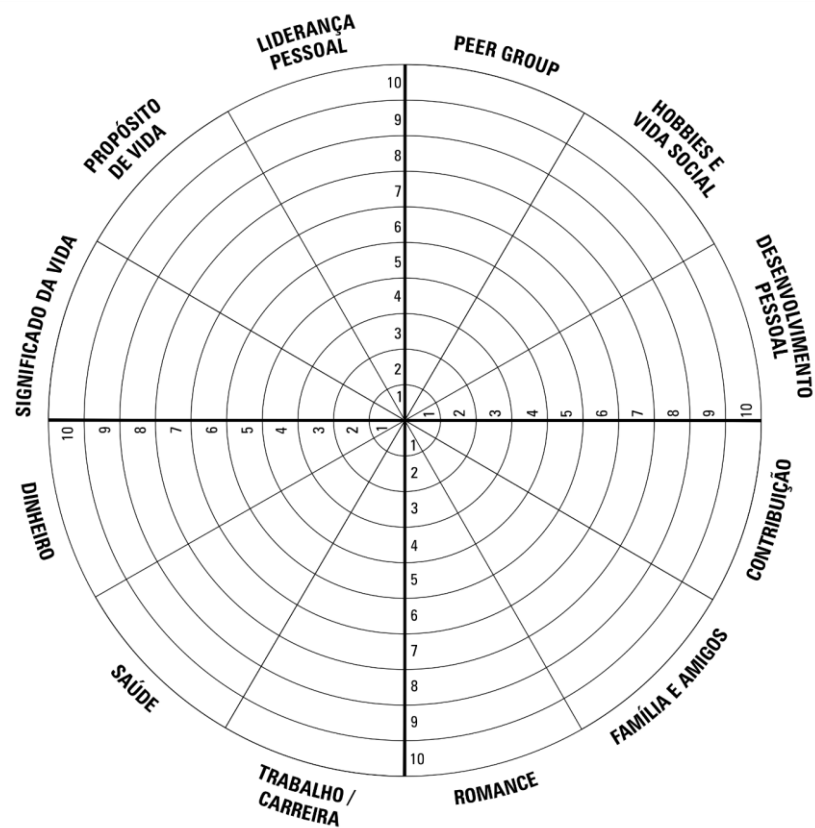
Cofinanciado por:





Escreve 20 coisas  
que queres fazer  
nesta vida





# Roda da Vida



Cofinanciado por:



# VISION BOARD



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Cofinanciado por:



HELP SAVE THE PLANET

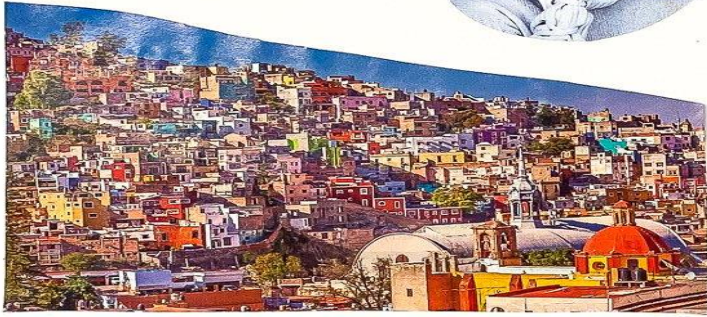
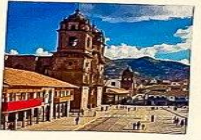
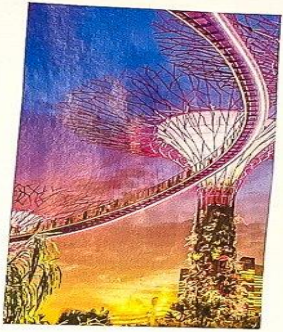
FAMILY

Inner Harmony

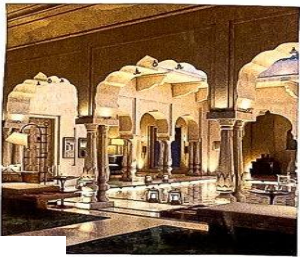
LIVE YOUR best life



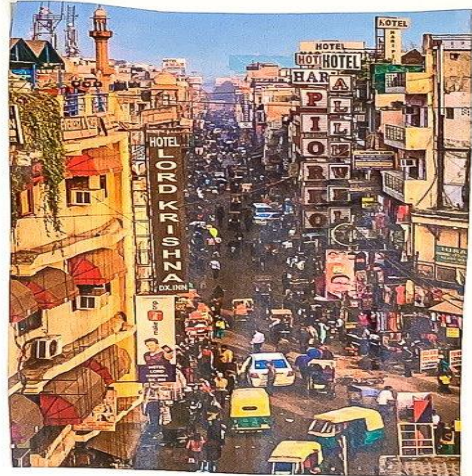
giggle



SAVING MONEY



SUPERIOR SLEEP



# Empreendedor



## Mafalda Pereira



Cofinanciado por:

